Activity 2: Let's define the profile of a competent sportsperson - 10 min - LO 1,2

Students' activity	Timing	Teacher's Actions	Students' Actions	Related to Session's ILO
2.	10m	Let's define the profile of a competent sportsperson The instructor asks the groups to define the characteristics of: - a competent sportsperson - a literate sportsperson - an enthusiastic sportsperson	Students give their answers to the instructor's questions by taking into account the following issues: - What should be the participation requirements for adolescents to develop as sports persons	1,2
Preparatory tasks for Students(if they needed): Teacher's		t know the theory	loading material, lesson plar	a bandouts
preparatory actions: Notes:				





